

**Explanation:**

## **hari charaNavemba suradhEnuvanu**

**Theme:** Attaining the nectar of liberation through the "Cow" of Divine Grace.

**Interpretative Commentary:**

**hari charaNa-vemba suradhEnu-vanu**

**guru-bOdhe-yemba kaNNi-yali kaTTirayya    ll p ll            (The Refrain)**

**Explanation:** The feet of Lord Sri Hari are compared to the **Suradhenu** (the celestial wish-fulfilling cow, Kamadhenu). Just as a cow must be tied to a post to remain in one place, we must "tie" or fix the Lord's grace in our hearts. The rope used to tie this divine cow is "**Guru-Bodhe**" (the teachings and instructions of a Guru). Without the Guru's guidance, the mind cannot remain fixed on the Lord.

**bhakti-yemba karuvane biTTu niruta vi-**

**rakuti-yemba chenna-daLiya hAki**

**yukuta-vAda nitya-kAya charige-yoLu**

**mukuti nAmAmruta karedu-koLLirayya    ll 1 ll**

**(The Process of Milking)**

**Explanation:** To get a cow to give milk, the calf must be released first. Here, **Devotion (Bhakti)** is the calf that draws out the Lord's grace. To ensure the cow remains steady and doesn't kick, a leg-tie (Dali) is used; here, **Detachment (Virakti)** from worldly desires is that tie. In the vessel (Charige) of a disciplined and pure body, one must milk the **Nectar of the Lord's Name**, which leads to liberation.

**kAma krOdha lObha mOha mada matsara-gaLemba**

**hammenba kuruLane tALihAki**

**tAmasa jnAnAgni puTagaidu indriya**

**nEmada nIra berasi kAyaliDiro    ll 2 ll**

**(Heating the Milk)**

**Explanation:** Once milked, the milk must be boiled. To start the fire, one needs fuel (Kurulu/Dried dung). Here, our **Lust, Anger, Greed, and especially Pride (Hammu)** are the fuel to be burnt away. Use the **Fire of Knowledge (Jnyana agni)** attained through meditation. Mix it with the "water" of **Sense of Self Control (Indriya Nema)** and let the spiritual practice boil and thicken.

**shAnta guNa-vemba hada-naritu Arisi matte**

**bhrAnta-mana majjigeya heppa-nikki**

**kAnta-vishNu mAyA manthadi shOdhisu si-**

**ddAnta-vemba kaDegola nENane piDidu    ll 3 ll**

**(Setting and Churning the Curd)**

**Explanation:** After boiling, the milk must be cooled and set into curd. The quality of **Peace (Shantaguna)** is the temperature required for it to set. To turn it into curd, a "starter" (Heppu) is needed; use a mind free from illusions (Bhraanta-mana). To churn this curd, you need a churning rod (Mantha) and a rope. Use the **Absolute Truth (Siddhanta)** as the rope and move toward the **Lord Vishnu** through constant inquiry to find the essence.

**para-bomma-nenipa beNNeya muddeyane tegedu**

**sharaNa-maNi-yemba tuppa-vane kAyisi**

**marana-vemba nore tege-dogedu amrutava**

**niruta hrudaya-vemba koDavane tumbiro    ll 4 ll**

**(Extracting Butter and Clarifying Ghee)**

**Explanation:** When you churn, the **Butter** that emerges is the realization of the **Supreme Brahman (Parabrahma)**. To turn butter into Ghee (the final

essence), you must clarify it. The process of **Total Surrender (Sharanagati)** is what clarifies this realization. While boiling the ghee, the foam (Nore) that rises is the **Fear of Death (Marana)**; discard this foam. Fill the resulting immortal nectar into the **Vessel of your Heart**.

**anavarata hari smaraNe-yemba bIsUrige**

**anuvAgi kuLitunDu suKhadi tEgi**

**chinumaya chidAnanda purandara viTTalana**

**anudina nene nenedu saKhyAgi-rayya   || 5 ||**

**(The Final Result - Contentment)**

**Explanation:** Finally, with this "Ghee" of realization, enjoy the **Bisooringe** (a sweet delicacy/Holige), which is the **Constant Remembrance of Lord Hari**. Sit in peace, eat to your heart's content, and "burp" with the satisfaction of spiritual bliss. By remembering **Purandara Vittala**, who is the embodiment of pure consciousness and joy, live a life of eternal happiness.

### **Core Message:**

Sri Purandara Dasa teaches that:

1. **Guru's Grace** is the starting point (the rope).
2. **Burning the Ego** is the necessary fuel for the fire of knowledge.
3. **Bhakti (Devotion) and Virakti (Detachment)** must work together like the calf and the tie.
4. The ultimate goal is to remove the "foam" of the fear of death and fill the heart with the **Nectar of God's Name**.

**|| srI krishNArpaNa mastu ||**

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